

# Appointment guide



## Introduction

This appointment guide is not an online form and should be printed before being filled in. It is designed to help you have better conversations with your doctor about your CML. You can keep a record of some helpful areas for discussion and action points to take to your next appointment.

## Things to think about...

- It is important that you speak to your clinician as soon as you experience any side effects.
- Have your CML symptoms got worse since your last appointment? How well is your medication working? It's important to keep a note of any new or increased symptoms and discuss with your doctor in your next appointment.
- Are you feeling worried, low or angry about your CML? Your feelings and emotions about your condition can vary over time, but if you have these feelings regularly then your clinician will be able to advise you on ways to cope with this.

## Discussion points

[Add your notes below](#)

Use the table below to make a note of areas to talk to your doctor about.

	SINCE MY LAST APPOINTMENT	ACTIONS/ GOALS
SIDE EFFECTS I HAVE BEEN EXPERIENCING FROM MY MEDICATION		
SYMPTOMS OF CML		
HOW I'VE BEEN FEELING ABOUT MY CML		
QUESTIONS ABOUT MY CML		
OTHER		